

HOSPICE

of Southwestern Illinois

42nd Annual Hospice Conference

<u>"Sacred Connections at the</u> <u>End of Life</u>"

Tuesday, November 12, 2024 Online Event Workshop 8:00 a.m. – 12:00 p.m.

4 CEUs approved for Social Workers and Licensed Clinical Professional Counselors attending this workshop.

<u>4 CEUs</u>

Continuing Education Credits:

Social workers, licensed social workers, licensed clinical professional counselors, funeral home directors and nursing home administrators attending the conference can earn four continuing education contact hours through the Office of Educational Outreach at Southern Illinois University Edwardsville. Other professionals attending the conference are eligible to receive university CEUs. Nurses will not receive CE credit through Educational Outreach but through the SIUE School of Nursing.

Speakers:

Amy Camie, CTM-CCM

Known as "The Healing Harpist," Amy is a Certified Therapeutic Clinical Musician, TEDx speaker, recording artist, author, educator, and 2 times breast cancer thriver. Amy is a trauma-Informed Leader certified in Intercultural Creativity[®] and she recognizes the potential opportunity for learning in every encounter. Amy encourages audiences to open their mind, expand perceptions, and increase self-awareness to create a deeper sense of connection within and around them. Her music is used throughout the country in hospitals, cancer centers and hospices, as well as for general relaxation and stress reduction. As a pioneer in the field of harp therapy, Amy has coauthored two clinical trials and several pilot studies exploring how her solo harp music increases brainwave function, supports the immune system, and reduces pain and anxiety. Her inspired music relaxes the body, calms the mind, and gently touches the soul. As one recipient describes Amy, "You touch others in such a deep place with your music because it comes from such a deep place inside of you."

Diann Kupke, RN

Diann graduated from Florissant Community College in 1986 and worked at Christian Hospital Northeast until moving to Hospice as an RN in 1989. During her hospice career, she has held the following positions: Staff Nurse, Quality Assurance Monitor, Clinical Educator, Regional Director, and Branch Manager. Diann is currently a Hospice RN Case Manger for Vitas Healthcare. She was one of the first 300 nurses to earn her Certified Registered Nurse Hospice (CRNH), and has extensive experience in end of life care.

Workshop Description:

Join us on-line as we explore compassionate ways to create a sense of peace, comfort and calm within ourselves and with those around us during one of the most emotional and sacred times of our lives.

Objectives:

- Increased self-compassion by slowing down and recognizing the unique experience of each and every moment.
- Understand how one's energy affects his or her internal and external surroundings.
- Recognition of sympathetic resonance and entrainment in physical and emotional responses.
- Discern methods of comforting and calming ourselves and others using tools such as breathing techniques, music, and essential oils.
- Realize the benefit of medications such as Morphine, Lorazepam and Levsin to promote physical comfort thereby enhancing effects of modalities that promote spiritual and emotional wellbeing.
- Learn the importance of positioning and comforting touch to enhance peace and rest at end of life.
- Provide information for caregivers regarding physical changes observed at end of life, thereby reducing caregiver stress.

Agenda

8:00 a.m. Opening Remarks
8:10 a.m. Program Begins
9:15 a.m. Break
9:25 a.m. Program continues
10:45 a.m. Break
10:55 a.m. Program continues
Noon Program Ends
REGISTRATION:
Registration fee (No CEUs): \$25
Professional Fee (4 CEUs): \$45

Continuing Education Units: 4 CEUs are

approved for Social Workers and Counselors. 0.4 General Continuing Education Units approved for all others.

SIUE is an approved CEU provider by the State of Illinois for social work continuing education. If you are licensed/certified in any other state or province, please refer to the regulations in that state or province or the national board requirements to determine whether this will qualify for CEU credits.

For more registration information contact: SIUE Educational Outreach, Cindy Cobetto, 618-650-2164, or email <u>cgorsag@siue.edu</u>. Zoom registration link will be emailed a few days before the event.

The SIUE School of Nursing will award contact hours for this educational program. The participants must attend the full session to receive contact hours as well as complete a survey at the end identifying methods on how they met the program objectives and provide a valid email.

Southern Illinois University Edwardsville School of Nursing is approved as a provider of nursing continuing professional development by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-001-91)

The session is offered for 4 contact hours through the SIUE School of Nursing. If you have any questions, please contact: Taylor Stonecypher at <u>tstonec@siue.edu</u>

Registration Form 42nd Annual Hospice Conference November 12, 2024

To register by mail please complete and return this form with payment to: Office of Online and Education Outreach SIUE Campus Box 1084 Edwardsville, IL 62026-1084

Please check appropriate registration fee:Registration Fee (No CEUs) \$25 _____Professional Fee (4 CEUs) \$45 _____

Name

Organization Name

Address

City, State, Zip

Telephone

Email Address

Payment Information: Please make checks or purchase orders payable to SIUE.

To pay with a credit card register online at: <u>https://www.enrole.com/siue/jsp/session.jsp?sessionId</u> <u>=CFF24-HOS5-</u> 05X&courseId=HOS5&categoryId=668074B0

All conference participants desiring a certificate must select "Professional" on the registration form and complete the registration form in full.